



## Couples Workshop for Parents of Children 10 and Under With ASD

**Saturday, December 2, 2017**  
**9:30 a.m. – noon**

This therapeutic workshop will help couples discuss having a child on the autism spectrum with an emphasis on their fears, challenges and joys. It is not unusual for a parent to have different feelings than their spouse about having a child with autism. Some may experience anxiety about their child's future, while others think their child will be fine, if just a little different. Many parents experience some level of grief when they discover that their child's path is not what they had expected – and neither is their own. Talking with other parents of children with Autism Spectrum Disorder (ASD) can be one of the best places to learn, laugh and find support.

This workshop will create a structure for understanding each other as a couple and as a parent of a child with autism. Most importantly, though, parents will learn that their thoughts and feeling are not right or wrong, but are to be expected and worked through.

For more information, or to register, please contact Rebeca Kitchen at [630-305-4196 ext. 4](tel:630-305-4196).

**The workshop will have a limited number of openings, so please register today!**

**Instructor:** Patti Boheme, MS, LCPC, Executive Vice President of The Little Friends Center for Autism, has over 35 years of experience working with people of all ages with Autism Spectrum Disorders (ASD) and other intellectual disabilities. Patti specializes in counseling, behavior management, authored visual systems, is an active clinician, presents regularly and is on several professional advisory boards.

**Cost:** \$90 per couple.

(The Arc of Illinois, through a grant from the Illinois Council on Developmental Disabilities, administers the Consumer Involvement Program and distributes consumer stipend funds to enable people with developmental disabilities and their family members to attend conferences of their choice that are directly related to developmental disability issues. Please visit the following website for more information on - and to apply for - ARC parent funding for training: <https://www.thearcofil.org/consumer-stipend-funds-application-form/>, or call ARC at [815-464-8247](tel:815-464-8247) with questions regarding consumer stipend funds.)