OT Equipment Suggestions School Settings

Equipment to promote improved fine and visual motor skills:

- Modified paper (visually structured, graph, highlighted, raised line)
- Modified writing tools (triangular, thick, short or adaptive grip pencils, crayons or pens)
- Scissors (regular or modified)
- Highlighter strips
- Slant boards (to promote mature grasps, and helpful for visual spatial aspects)
- Pencil grips
- Theraputty (for hand strengthening)
- Small motor games to promote mature grasp patterns (stringing beads, lacing activities, games with tongs, etc.)

Equipment to provide sensory input:

- Air filled cushions (wedged or circle, small or large)
- Medium sized therapy ball (to use as a chair or for deep pressure)
- Weighted ball
- Mini trampoline
- Fidget toys – koosh ball, pencil toppers, theraband, Velcro, flour filled balloons
- Therapy band to tie around legs of chair, or for “heavy work” breaks

Depending on the need of the program, may want to incorporate the following for a break or “cool down” area:

- Bean bag chairs
- Mat
- Large pillows
- Small tent
Resources:

Books & Web Sites

Out of Sync Child, Carol Kranowitz

Sensational Kids: Hope and Help for Children with Sensory Processing Disorder, Lucy Jane Miller

Answers to Questions Teachers Ask About Sensory Integration Disorder, Carol Kranowitz, Stacey Szklut, Et. al.


www.spdnetwork.org

Handwriting Without Tears – www.hwtears.com

Brain Gym – www.braingym.com

Places to Purchase above Mentioned Equipment:

www.abilitytions.com

www.theraproducts.com

www.therapyshoppe.com

www.southpawenterprises.com

www.superduper.com