

## **OT Equipment Suggestions School Settings**

Equipment to promote improved fine and visual motor skills:

- Modified paper (visually structured, graph, highlighted, raised line)
- Modified writing tools (triangular, thick, short or adaptive grip pencils, crayons or pens)
- Scissors (regular or modified)
- Highlighter strips
- Slant boards (to promote mature grasps, and helpful for visual spatial aspects)
- Pencil grips
- Theraputty (for hand strengthening)
- Small motor games to promote mature grasp patterns (stringing beads, lacing activities, games with tongs, etc.)

Equipment to provide sensory input:

- Air filled cushions (wedged or circle, small or large)
- Medium sized therapy ball (to use as a chair or for deep pressure)
- Weighted ball
- Mini trampoline
- Fidget toys – koosh ball, pencil toppers, theraband, Velcro, flour filled balloons
- Therapy band to tie around legs of chair, or for “heavy work” breaks

Depending on the need of the program, may want to incorporate the following for a break or “cool down” area:

- Bean bag chairs
- Mat
- Large pillows
- Small tent



## **Mid-Valley Special Education Cooperative**

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*Serving the children and families of the Batavia, St. Charles, Geneva, Kaneland and Central community School Districts*

### **Resources:**

Books & Web Sites

*Out of Sync Child*, Carol Kranowitz

*Sensational Kids: Hope and Help for Children with Sensory Processing Disorder*, Lucy Jane Miller

*Answers to Questions Teachers Ask About Sensory Integration Disorder*, Carol Kranowitz, Stacey Szklut, Et. al.

*How Does Your Engine Run?* – [www.alertprogram.net](http://www.alertprogram.net)

[www.spdnetwork.org](http://www.spdnetwork.org)

*Handwriting Without Tears* – [www.hwtears.com](http://www.hwtears.com)

*Brain Gym* – [www.braingym.com](http://www.braingym.com)

Places to Purchase above Mentioned Equipment:

[www.abilitations.com](http://www.abilitations.com)

[www.theraproducts.com](http://www.theraproducts.com)

[www.therapysshoppe.com](http://www.therapysshoppe.com)

[www.southpawenterprises.com](http://www.southpawenterprises.com)

[www.superduper.com](http://www.superduper.com)